



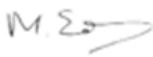



Beaconhouse Private School Al Ain

# **Wellbeing Policy**

**2025-2026**

(Reviewed in August 2025)

Reviewed by:	SLT
Review Date:	March 2026
Next Review date:	August 2026
SLT's Signature	 
Principal's signature	
Board of Governor's signature	



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# 1. Introduction

Beaconhouse Private School is committed to fostering a safe, inclusive, and nurturing environment where every member of the school community can thrive. Wellbeing is understood as a holistic, multidimensional state encompassing psychological, emotional, social, physical, intellectual, digital, and environmental aspects.

Research shows that students learn most effectively when they feel safe, valued, and supported. Therefore, the school adopts a preventative, whole-school approach to wellbeing, ensuring that all policies, practices, and systems actively contribute to positive wellbeing outcomes.

## 2. Purpose

This policy aims to:

- Establish a whole-school wellbeing framework aligned with ADEK requirements
- Promote positive mental health and wellbeing for students and staff
- Ensure continuous monitoring and improvement through data-driven practices
- Foster a culture of care, inclusion, and belonging
- Support students with additional learning needs through equitable access and tailored interventions
- Embed wellbeing into teaching, learning, and school life

## 3. Scope

This policy applies to:

- All students
- Teaching and non-teaching staff
- School leadership
- Parents and guardians
- External stakeholders and service providers

## 4. Definition of Wellbeing

- Wellbeing refers to a positive state in which individuals:
- Feel safe, valued, and respected
- Can cope with everyday challenges
- Develop their full potential
- Contribute meaningfully to their community

This aligns with the definition outlined in the ADEK Wellbeing Policy

## 5. Wellbeing Framework

Beaconhouse adopts a **multi-dimensional wellbeing model** covering:

### 5.1 Psychological & Emotional Wellbeing

- Access to school counselors and mental health support
- Early identification and intervention systems
- Anti-bullying and safeguarding measures

### 5.2 Social Wellbeing

- Positive relationships and peer support programs
- Student voice and leadership opportunities
- Inclusive school culture promoting respect and diversity

### 5.3 Physical Wellbeing

- Physical Education and sports participation
- Healthy eating and nutrition awareness
- Safe and hygienic school environment

### 5.4 Intellectual Wellbeing

- Engaging, relevant, and differentiated curriculum
- Positive attitudes toward learning
- Academic support and enrichment programs

### 5.5 Digital Wellbeing

- Safe and responsible technology use
- Cyber safety awareness programs
- Balanced use of digital tools

### 5.6 Environmental Wellbeing

- Sustainable practices and environmental awareness
- Clean, safe, and stimulating school facilities

## 6. Wellbeing Strategy

The school will implement a structured Wellbeing Strategy that includes:

- A clear vision and measurable goals
- Integration with all relevant ADEK policies
- Targeted interventions for different student groups
- Provision for students with additional learning needs
- Allocation of resources (staffing, training, infrastructure)
- Annual review and continuous improvement

## 7. Roles and Responsibilities

### 7.1 School Leadership

- Ensure implementation of the wellbeing strategy
- Allocate resources and monitor impact
- Ensure compliance with ADEK policies

### 7.2 Wellbeing Lead / Committee

- Oversee wellbeing initiatives and programs
- Conduct annual wellbeing surveys
- Analyze data and develop action plans
- Promote awareness across the school community

### 7.3 Teachers

- Foster positive classroom environments
- Identify and report wellbeing concerns
- Integrate wellbeing into teaching practices

### 7.4 Head of Inclusion

- Ensure support for students with additional learning needs
- Collaborate with staff and parents
- Monitor inclusive practices

### 7.5 Students

- Engage positively in school life
- Support peers and respect others
- Seek help when needed

## 7.6 Parents

- Support the school's wellbeing initiatives
- Communicate concerns
- Reinforce wellbeing practices at home

# 8. Awareness and Communication

The school will promote awareness through:

- Curriculum integration
- Staff induction and training programs
- Parent workshops and communication
- School website and handbook publication
- Campaigns, assemblies, and wellbeing events

# 9. Inclusion and Equity

Beaconhouse ensures:

- Equal access to wellbeing support
- Tailored interventions for students with additional needs
- Collaboration between inclusion staff, teachers, and parents
- Removal of barriers to participation

# 10. Safeguarding and Student Protection

- Zero tolerance for bullying, abuse, or discrimination
- Clear reporting and response procedures
- Alignment with safeguarding and student protection policies
- Staff training on child protection

## 11. Staff Wellbeing

The school is committed to:

- Promoting work-life balance
- Providing professional development opportunities
- Offering emotional and professional support
- Creating a positive workplace culture

## 12. Continuous Improvement

- Annual review of wellbeing strategy and policy
- Regular updates based on data and feedback
- Alignment with latest ADEK regulations
- Commitment to innovation and best practices

## 13. Compliance

This policy is aligned with ADEK Wellbeing Policy requirements and will be:

- Fully implemented and reviewed annually
- Updated to reflect regulatory changes
- Subject to internal and external evaluation